

INTERNATIONAL STUDENT HANDBOOK



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MESSAGE FROM THE VICE CHANCELLOR

Dear International Student,

This handbook offers basic information about Dedan Kimathi University of Technology (DeKUT) for international partners and prospective international students as well as for any interested party. The goal is to provide you with the opportunity to know the University better.

DeKUT was established in 1972 as Kimathi Institute of Technology (KIT) and was upgraded to University status in 2007 as a constituent college of Jomo Kenyatta University of Agriculture and Technology. On 14th December 2012, it was upgraded to full university status after being granted a charter.

The University has made substantial progress since her establishment which includes but not limited to: advanced infrastructure and modern buildings for her teaching and research. It also has a Science Technology Park whose purpose is to create high-tech clusters that serve as catalysts to technology development, economic transformation, and wealth creation with a link to university knowledge generation. The management of DeKUT envisages that this institution will emerge as a unique technological University with a major impact on national development when it implements most of the development plans embedded in her vision whose blueprint is vision 2030.

Internationalization is an important aspect of our programmes and DeKUT strives to integrate an international and intercultural dimension into her curriculum, research, and service functions. We therefore, appreciate academic exchanges with

different countries as we believe it enriches our diversity. Our university is committed to serving the needs of international students and staff from all walks of life and from all around the world. I invite you to visit our website at **www.dkut.ac.ke** for more information.

Kind regards,

Prof. P. N. Kioni, Vice Chancellor, DeKUT



MESSAGE FROM THE DEPUTY VICE CHANCELLOR, ACADEMIC AFFAIRS AND RESEARCH (DVC,AA&R)

Dear International Student.

Welcome to Dedan Kimathi University of Technology (DeKUT) and Nyeri, Kenya! We are very glad you've chosen this university, and we look forward to moving with you during your stay at DeKUT. This handbook is designed to help you learn more about our university, town and country. The handbook will provide you with information to make your stay as smooth as possible. The international office will assist you with the relevant details and information. Please refer to us whenever you have questions or concerns during your stay in DeKUT.

Good luck in all your endeavors and we wish you the best in your stay at DeKUT.

Kind regards

Prof. Esther Magiri

Deputy Vice Chancellor, Academic Affairs and

Research

WELCOME TO KENYA

Kenya is a country in an East Africa and is rich in wildlife, culture, history, beautiful sceneries with friendly and welcoming people. The Country's geography ranges from the snow-capped Mt. Kenya to extensive forests and vegetation cover and wide-open plains. Key geographic attractions include the Great Rift Valley, which features extinct volcanoes and hot springs, and the Kenya's coastline which exhibits coral reefs magnificent beaches. Combined with all this is a well-developed tourist infrastructure of hotels, lodges, campsites and a variety of activities. The country has a population of more than 42 million people, with about four million residing in her capital city, Nairobi. There are at least 42 ethnic having groups with each group unique language and culture. Kenya is also home to immigrants of other nationalities, including Europeans, Asians, Arabs and Somalis. Kenya's official languages are English and Swahili. For information about Kenya visit more https://magicalkenya.com/











ABOUT NYERI

Nyeri is located in the Central Highlands of Kenya. The city is situated about 150 kilometers north of Kenya's capital Nairobi. It is one of the oldest towns in Kenya having been established in the British colonial era in Kenya. Nyeri is the birthplace of the Boy Scout Movement and hosts the grave of the founder of the Scout Movement Lord Baden Powell. The Town is also the home of the late Nobel laureate Hon. Wangari Maathai. The Town's Roman Catholic Cathedral hosts the remains of the Blessed Irene Stefani "Nyaatha" an Italian missionary, who was beatified on 23rd May 2015.

Nyeri town's central business district is relatively small as compared to other cities in, for instance, Mombasa and Kisumu. While small business activities are vibrant, Nyeri is essentially a government administration city. The town has a relatively low cost of living in comparison to Nairobi and other major urban centers in Kenya.

ABOUT DeKUT

Dedan Kimathi University of Technology (DeKUT) is a Premier Technological University Excelling in Quality Education, Research and Technology Transfer for National Development that was established in December 2012. It is a public university that focuses exclusively on Technology.

DeKUT has two campuses: the Main Campus that is located 6 KM from Nyeri town along Nyeri-Nyahururu highway and Nairobi Campus located at Pension Towers, Loita Street. The Institution endeavors to provide an academically stimulating, diverse culturally and auality learning environment that fosters research, innovation and technology development towards producing relevant technical and managerial human resources and leaders to contribute to the attainment of national development goals.

The University offers a wide range of programs both at the undergraduate and postgraduate levels in various schools and institutes. There are 6 schools and seven institutes. These include Computer Science and Information Technology, Engineering, Applied Sciences, Food Science and Technology, Health Science, **Business** Management and Economics, Geothermal Energy Technology, Geomatics, Geospatial Information Systems, and Remote Sensing, Tourism and Hospitality, Technical and Professional Studies. The University also offers diploma and Certificate courses for mid-level technical skills. programs offered by the University are approved by the Senate and the various designated bodies like the Engineers Board of Kenya (EBK) and Commission for University Education (CUE) that was established by the government of Kenya through the Commission for University Education Act, 2010.

DeKUT recognizes research as a pillar of both institutional and national development and its strategic focus is to provide technical education and create unique structures for research, innovations, extension and technology transfer. Thus, Research and Innovation, Linkages and Technology transfer are key result areas in the University's Strategic Plan.

DeKUT STATEMENTS

Motto: Better Life through Technology

Vision Statement: To be the Premier Technological University Excelling in Quality Education, Research, and Technology Transfer for national development.

Mission Statement: To provide an academically stimulating, culturally diverse and quality learning environment that fosters research, innovation and technology development towards producing relevant technical and managerial human resources and leaders to contribute to the attainment of national development goals.

Philosophy: Dedan Kimathi University of Technology is founded on the belief that self-actualization and solutions to global challenges are attainable through a spirit of dedication, self – confidence, determination, and best utilization of resources

The ultimate goal of this philosophy is to mould Dedan Kimathi University of Technology into an institution known for world-class research, academic excellence, exceptional staff and students, and one that harbors the highest level of innovation, creativity, scholarship and enterprises.

Core Values: Innovation, Scholarship, Diversity, Integrity, Teamwork

CONTACTS FOR UNIVERSITY OFFICES

VICE CHANCELLOR'S OFFICE PHONE NO: +254712388613

DVC ACADEMIC AFFAIRS PHONE NO: +254713835404

REGISTRAR ACADEMIC AFFAIRS

PHONE: +254713835965/+254713123021

INTERNATIONAL OFFICE

PHONE:+254110002411

DEAN OF STUDENTS

PHONE: +254708680879

ADMISSIONS OFFICE

PHONE: +254713835965/+254713123021

DEKUT MEDICAL CENTRE

PHONE:+254724721258

DeKUT SECURITY OFFICE

PHONE:+254724721258/+254719741529

DeKUT MEDICAL CENTRE

PHONE:+25472472125















TRAVELLING TO NYERI

WHAT YOU NEED BEFORE TRAVELLING

- Apply for passport
- Apply for a visa
- Arrange for a student pass
- Arrange for travel and medical insurance
- Make contact with the institution.
- Organize yellow fever immunizations with your Doctor
- Confirm overseas access to your funds with your bank
- Make travel arrangements
- Advise institution of travel details.
- Arrange transport from the airport to accommodation

Pack bags being sure to include the following:

- ✓ Name and contact details of an institution representative
- ✓ Enough currency for taxis, buses, phone calls etc. in the event of an emergency

Important documents

This handbook

Passport

Letter of offer

Certified copies of qualifications & certificates

Travel insurance policy

Information on Immigration

- i) **Passport Before your travel, you need to make arrangements to** obtain a passport from your government. This basic travel document serves as a formal permit to travel abroad, allows for reentry you're your home country, and serves as proof of identification.
- ii) Visa Each person planning to visit Kenya from another country is required to obtain a visa. A visa is a permit required for international visitors to enter and remain in Kenya for a specific period. You will need a visitor's visa that can be obtained online via www.ecitizen.go.ke. You pay \$51 and you are issued with an e-visa which you present to the Immigration Officers at the airport upon entry. The Visa is valid for 3 months from the time of entry. The application is a simple process and you will probably just need your invitation/admission letters from the Dedan Kimathi University of Technology. This must be done **before** the student travels to Kenya.
- Student Pass In addition to the visa, international students must also obtain a pupil's pass. This is a document issued to the person(s) seeking to enter and remain in Kenya to receive education or training at an educational or training establishment within the country by which he/she has been accepted as a student. On acceptance at the University, international students are sent the acceptance letters together with a Student Pass application form and a Student pass checklist. The students

should complete the Pupil's Pass form immediately and send the form back to the University together with the documents requested on the checklist. The university will then begin processing the documents. It takes a while for the Pupil's Pass to be issued and the process must begin at least **three months** before the student arrives in the country.

Please Note:

- If the immigration office has not issued the pupil's pass by the time you report to the university, you are advised to carry a copy of your passport and the university Identification Card with you at all times you travel off-campus. With a Pupil's Pass, a student can easily get a **re-entry pass** and thus can visit the neighboring countries and get back to Kenya with no problems. However, an international student who decides to go out of the country without a valid re-entry pass is charged at the airport/ border to get back into the country.
- A student pass does not permit any international student to work in Kenya. The student can only seek
 employment in the country when a work permit is issued by the immigration office in Kenya. All
 foreigners (whether students or visitors) who remain in the country for over 90 (ninety) days are
 required by law to register as *Foreign Nationals*. The University will assist in processing the
 application.
- register themselves with their 'home' Embassies in Kenya All International students are encouraged to register themselves with their 'home' Embassies immediately they report at DeKUT. This is very important because most Embassies keep track of their citizens and their whereabouts. The International Office can provide the contacts for Embassies.

Getting to DEKUT

Most international students coming to DeKUT fly into Jomo Kenyatta International Airport (JKIA), Nairobi. Though there is good public transport from the airport to the city center and from the city center to Nyeri, it is advisable to take a cab/taxi directly from the airport to the University which is located in Nyeri along Nyeri-Mweiga Road.

The following taxi companies operate from the airport to Nyeri

Fikisha cabs – phone:+254707543373

Economy cabs - phone: +254724178924

The taxi fare from the airport to DeKUT is approximately Kshs. 6000 -

7,000/=.

Please Note: The University is not responsible for any transport transactions made between the students and transport companies (meaning the University will not be liable).

What you need upon arrival

- Call home
- Settle into accommodation
- Contact the institution
- Purchase household items and food
- Attend international student's orientation
- Get student ID Card
- Attend faculty/course-specific orientation sessions
- Get involved in student life and associations

Student ID Card

You shall be issued with a smart card after registration. You need the smart card to:

- Borrow books from the university library
- Sit for an examination (without the ID you cannot sit for your exams)
- Access University Facilities

To get your Smart Card. You need to send a digital Passport photo to the Admissions Office through admissionsoffice@dkut.ac.ke. and a copy of your passport/East African Passport.

The passport photo should be:

Colour Only

Frontal Aspect, head and shoulders only

A clear view of the face (no hats, sunglasses or other obstructions)

Neutralbackground (no trees, designs or other people etc)

LIVING IN NYERI

Academics

Semester dates

Dedan Kimathi University of Technology (DeKUT) has a trimester system of study. Through this application of the trimester system of study, we ensure that our students complete their courses within the shortest time possible. Students taking four years courses graduate within three and half years while those taking five years courses graduate within four and half years.

Semester 1 January – April

Semester 2 May-August

Semester 3 September – December

Equations of Academic Qualifications

International students are required to apply for recognition and equations for their academic certificates before enrollment and the process of equation and recognition is done through the Commission for University Education (CUE) – Kenya through their website, https://recognition.cue.or.ke.

Accommodation

There are three accommodation options

i) Hostels

Around the school, there are many hostels that are up to standards and affordable

ii) Rentals

There are affordable rental houses in Nyeri town and environs that range from a single room, a bedsitter, one bedroom, two bedrooms, etc.

Money and Banking

Kenya has many banks that provide banking services across the country, within Nyeri town the following banks are available and you can choose from any of these: Barclays Bank, Standard Chartered Bank, Consolidated Bank, Equity Bank, National Bank, Family Bank, Central Bank of Kenya, Eco-Bank Kenya and Co-operative Bank of Kenya.

Foreign Money Exchange: Most foreign currency exchange services are done by the local banks and a few licensed forex bureaus. Banks do not cash Travelers' Checks over the counter. International students are required to open bank accounts and deposit the checks for a number of days before withdrawing the money. Due to the ever-fluctuating forex market please visit www.centralbank.go.ke to confirm the exchange rate.

Opening a bank account

- 1. Visit several banks and decide on which bank suits you best
- 2. From the bank determine the conditions that non-Kenyans must meet to open an account.
- 3. Inform the Finance Office about your intention to open an account with the bank.

The working hours for most banks are Mon-Fri: 0900-1500 & Sat: 0900-1100.

Note: Banks in Mombasa and the coastal areas open and close half an hour earlier.

Access to Credit Card

Most of our local banks are electronically linked internationally. The most widely used ATM network is the "Visa Electron". Remember to alert your credit card company about your travel abroad.

MasterCard and Visa are widely accepted in most regions in the country; American Express and Diners Club less so. Major hotels now also accept payment by credit card, as do major safari companies, travel agencies and restaurants. Almost every bank now has an ATM, and they are increasingly being installed at petrol stations and other large towns.

Currency information

1 Kenyan Shilling (KES; symbol KSh) = 100 cents.

Notes are in denominations of KSh1,000, 500, 200, 100 and 50.

Coins are in denominations of KSh 20, 10, 5 and 1.

Telephone Services

Mobile/Cellular Phones

A variety of mobile phone shops are available in Nyeri Town

Students can get good handsets from reputable mobile phone brands e.g. Nokia, Tecno, Oppo, Infinix, Huawei, Sony, Samsung etc at affordable rates ranging from Kshs. 5000.00 or even more depending on the student's preference.

Making Phone Calls

In general, Kenya's communications system is good and there are many ways to make phone calls. The mobile phone networks available in Kenya host both local and international calls. For mobile phone calls, the country code is +254. The international call prefix is 000 and the trunk prefix is 0.

You will need a Kenyan sim card that you can buy from the three major mobile phone network providers i.e Safaricom, Airtel and Telecom at their shops that are available countrywide. These cards will enable one to make international calls to any place in the world.

Power and Appliances

Electricity in Kenya is between 220 and 240 volts, alternating at 50 cycles per second. If you travel to Kenya with a device that does not accept 240 Volts at 50 Hertz, you will need a voltage converter and an adapter

that fits the plug sockets in Kenya. Electrical sockets (outlets) in Kenya are the "Type G" British BS-1363 type. If your appliance's plug doesn't match the shape of these sockets, you will need a travel plug adapter to plugin. Travel plug adapters simply change the shape of your appliance's plug to match whatever type of socket you need to plug into.

Adapter for "Type G" British BS-1363

Dressing

Be prepared for a tropical climate, bearing in mind Kenya has a conservative culture. Clothing can be casual during the hot seasons but you may need warm clothing for the wet and cold seasons. Students are advised to dress in a modest way whenever around the campus.

Health and Wellness

University Medical Center

The Student Health Services include initial emergency care and first aid for all students. The clinical practitioners attend to common ailments. For more serious cases you may be referred to an outside Hospital. Patients having health care Insurance plans may then load the costs of such referrals to their insurance firms.

The University Medical Center is open for 24Hrs

Contacts: +254724721258

E-mail: medicaloffice@dkut.ac.ke

Medical Insurance Cover

International students <u>MUST</u> possess valid Medical Insurance Cover. In most cases, the International Medical Insurance Covers that students purchase at their 'home' countries do not work here because most hospitals in Kenya do not have contractual agreements with those insurance companies.

All International students are required to submit a valid Medical Insurance Cover to the International Office for verification. The verification must be done before the end of the first month after the Semester begins.

Hospitals around Nyeri

This is just a small sample of hospitals around Nyeri. Students should refer to their insurance company's website for hospitals within the network for more benefits.

The Outspan Hospital

Along Baden Powell Road NYERI, Kenya. 0722696901 info @outspanhospital.org

Mt. Kenya Hospital

Ring Road Nyeri, Kenya

Consolata Hospital

+254 729 098 324 Mathari, Nyeri info@cmatharihospital.co. ke

The Karen Hospital

Caledonia House, <u>Rware</u> Kenyatta Road, 0727 547214

Nyeri County Referral Hospital

Kimathi Way, Nyeri 0758 722019

Bliss Medical Centre

Jenkim Plaza Nyeri 0780 100927

Nanyuki Cottage Hospital

P. O. Box 95-10400, Nanyuki,

Nanyuki Teaching & <u>Referal</u> Hospital Nanyuki-<u>Rumuruti</u> Rd

Aga Khan University Hospital Kenyatta Highway Nanyuki

Safety and Security

Safety on the Streets

- Be especially cautious and/or avoid areas where you are likely to be victimized.
- Don't use shortcuts, narrow alleys or poorly lit streets. Try not to travel alone at night.
- Avoid public demonstrations and other civil disturbances.
- Keep a low profile and avoid loud conversations or arguments. Do not discuss travel plans or other personal matters with strangers.
- Avoid scam artists. Beware of strangers who approach you, offering bargains or to be your guide.
- Do not accept food from strangers.
- Try to seem purposeful when you move about. Even if you are lost, act as if you know where you are going. When possible, ask directions only from individuals in authority.
- Learn a few phrases in the local language so you can signal your need for help, the police, or doctor.
- Make a note of emergency telephone numbers you may need: police, fire or your hotel.
- If you are confronted, don't fight back. Give up your valuables. Your money and passport can be replaced, but your life can't. If you have to ask for directions ask a uniformed security guard.

Personal safety tips

- Be alert assertive and confident
- Try and walk with other people rather than on your own when in lonely places
- Carry only the money you will need for the day
- Be aware of things around you; avoid long talks on your mobile or texting while walking.
- At night stay in well-lit areas, where there are a lot of people.

In case of Fire

Dedan Kimathi University of Technology has an excellent fire put-out system and also sufficient fire assembly point in case of fire outbreak that might occur within the environment of the university.

Ensure you familiarize yourself with the fire extinguisher locations and the building exits. This information will be pointed out to you during your orientation but is a good practice to review this information periodically. The University facilities have fire extinguishers in strategic places and also conduct fire drills training frequently

Safety during outdoor excursions

The University's outdoor office generally gives guidance to students regarding safety during

outdoor excursions. Generally, the university recommends that such students going on such

expeditions be accompanied by a guide and or a member of staff where possible

Drug and Substance Abuse

Note: DeKUT is an alcohol and drug-free zone

Therefore the following are prohibited while at DeKUT premises or property

✓ The manufacture, possession, purchase or sale of substances of abuse

✓ Being under the influence of illegal drugs, alcohol or substances of abuse

✓ Working while under the influence of prescription drugs that impair performance

Smoking

The DeKUT policy is to provide a smoke-free environment for our employees, customers and

the general public.

Note: Smoking of any kind is prohibited within the University premises.

Security

Generally, Nyeri is known to be one of the safest towns in Kenya and we have several police

stations near the Dedan Kimathi University of Technology (DeKUT), i.e the Kabiruini police

station. Also the areas around the school to all over where our students reside be it the farthest

point of residence are well lit using street light. The school has a strict security team in all gates

of the university that allows the students, staff and other visitors but restrict those individuals

with bad intentions from accessing the university compound. It is thus a secure place for our

students to live.

Note: International students are expected to abide by the regulations of the university as well

applicable laws of the country to be on the safe side

Contact numbers:

➤ Always dial 999 for true emergencies

➤ DeKUT Security Office: +254719741529

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EXPERIENCE NYERI

Weather and Climatic Conditions

Nyeri County has relatively warm and temperate climate conditions. It has two rainy seasons, the long rains and short rains. The long rains begin in April and end around May. The short rains begin in October and end around November. January and February are the hottest months while July is relatively cold and you are required to have jackets or suitable clothes for the cold seasons and an umbrella for the rainy seasons.

Transport

The commonly used modes of transport are:

- 1. Matatu
- 2. Taxi
- 3. Buses.

Shopping in Nyeri

The nearest shopping outlets are in Nyeri town. We have several supermarkets like Naivas, Mathai and Samrat that operate within Nyeri town. In Nyeri, we also have the best cosmetic shops. There are a good number of shopping marts, banks, fresh produce markets, hotels, tourist resorts and other leisure facilities. The university has a bookshop where you can shop for your student needs which include Stationery, Learning materials Souvenirs, selected textbooks and more.

Food and Groceries

The traditional food of Kenya is as mixed and diverse as its tribe's, history and landscapes. Each tribal area has its specialties. The staple and most common food is maize meal commonly known as ugali which is served with stews or Nyama Choma, an East African style of roasted meat. There are hotels and restaurants in Nyeri town that offer different cuisines ranging from African to Asian to European to American to Oceanian and many more.

Kenyans are primarily meat-eaters. Vegetarians may experience some difficulty in finding a variety of food.

Where to eat

The University has a student cafeteria that offers food at subsidized rates for students. You can also get food from the staff cafeteria. There are also hotels and cafes around the university and Nyeri town that offer a variety of food.

Outdoor Activities

Kenya has a wide variety of outdoor activities you can choose to participate in. The activities include Wildlife safari, mountain climbing, rock climbing camping, zip-lining, kayaking, water sports, hiking, trekking, nature walks, paragliding, camel safari, snorkeling, scuba diving, swimming and many more. Nyeri is a popular destination for relaxation, business, educational and cultural tourism. It happens to be a giant in food production and a key player in the central tourism circuit. While in Nyeri you can visit the following for some of the outdoor activities mentioned above; Mount Kenya, Dedan Kimathi University wildlife conservancy, Tafaria Castle and Game Lodge, Giraffe Ark, Treetops, Sangare Farm House-Mweiga Vilas, Aberdare National Park, Solio Ranch, Italian War Memorial Church, Lord Baden Powell Grave, Mau Mau Caves, Rhino watch sanctuary, Ol Pejeta conservancy and many more.

Places to Visit

Mombasa

It is the largest town on the Kenyan coast with white sandy beaches and deep blue waters, beautiful stellar beaches and revitalizing sun for that beautiful tan. Mombasa has several historical sites like the Fort Jesus, pembe za Ndovu, Haller Park Mombasa and Mombasa Marine Park.

Nakuru

Nakuru is known for the thousands of Flamingoes, it provides the visitors with one of Kenyan best images, joined into a massive flock. Lake Nakuru is a breathtaking site and it has become world-famous for these birds who visit the lake to feed on algae that form on the lake bed.

Naivasha

Naivasha is known worldwide for Hells Gate National Park and its famous place for hot springs.

Maasai Mara

Simply known as **The Mara**. The Mara is a large national game reserve in Narok, Kenya, contiguous with the Serengeti National Park in Tanzania. It is named in honor of the Maasai people, the ancestral inhabitants of the area. Maasai Mara is one of the most famous and important wildlife conservation and wilderness areas in Africa, world-renowned for its exceptional populations of lion, African leopard, cheetah and African bush elephant. It also hosts the Great Migration, which secured it as one of the Seven Natural Wonders of Africa, and as one of the Ten Wonders of the World.

Lamu

Lamu is a place like no other, a peaceful tropical island where life is lived at its relaxed rhythm, but a place whose history is as mysterious and fascinating as the winding streets of its medieval stone town.

STUDENT LIFE AND CULTURAL ADJUSTMENT

Campus Life

DeKUT provides a very conducive environment for social life. First, there are fun days organized by the student welfare department to bring all students together and improve their bond, there are clubs and societies in the university formed by students and they always organize hikes and fun expeditions done during the free times of the students.

DeKUT has diverse sporting activities within the campus which include rugby, football, hockey, basketball, volleyball, handball, netball, softball, chess and athletics. Additionally, in February 2015 the University initiated a Mt. Kenya climbing expedition dubbed "Climb-to-Educate Initiative". This program is aimed at enhancing relations between DeKUT students and staff and cultivating harmony and integration within the University operations. International students can liaise with the Dean of Students Office on how they can be integrated into the sports activities.

Something interesting goes on at the Campus almost every day. There might be a public lecture, musical, sports or clubs' events taking place or a program presented by the residents at the hostels. Your student life will be richer if you get involved in campus activities, or even extend yourself beyond the campus.

There are numerous clubs and societies that range from religious to academic to social and many more. You can contact the Dean of Students' Office through deanofstudents@dkut.ac.ke.

Student Clubs and Unions

There are several clubs and unions in the university. Currently, there are about 37 registered clubs and societies that are active. Others are in the process of being registered. They are divided into Academic, Social, Association and Faith-based clubs.

Below are some of the clubs:

- 1. AIESEC in DeKUT Club
- 2. IAESTE DeKUT Club
- 3. Dedan Kimathi Rift Students Association (DEKIRISA)
- 4. MBAITU Kamba Association
- 5. Presidential Award of DeKUT

- 6. Bloggers of DeKUT Association (BAKE)
- 7. The ANSWAR Muslims (AMDeKUT)
- 8. Gym And Fitness Club
- 9. Christian Union of DeKUT (DeKUT CU)

- 10. Salsa Untamed Club
- 11. Kirinyaga Kimathi University Students Association (KIRIKUSA)
- 12. Catholic Action
- 13. Accounting and Finance Student Association(AFSA)
- 14. Dedan Kimathi Dancing Club
- 15. DeKUT Food Science Club

- 16. Nelion Rovers Club
- 17. Computer Society of Kimathi (CSK)
- 18. The ROTARACT Club of DeKUT
- 19. DeKUT **RAMOGI** Students Associations (DeKURSA)
- 20. SHORIN RYU Karate Club
- 21. Kenva Red Cross (DeKUT Chapter)Student Welfare Services

Student Welfare Services

DeKUT has a Directorate of Students Welfare which houses, the Dean of Student's Office, Counseling Center, Sports Office as well as Chaplaincy Office. All these are in place to cater for the wholesome and well-being of students.

Contacts: +254708680879

Cultural Adjustment

Everyone who moves to a new country experiences a period of adjustment and adaptation to the new culture. This is sometimes referred to as "culture shock" because of the difficulty of leaving your home culture and living in a new culture. It includes the shock of a new environment, meeting lots of new people, and learning the ways of a different country. It also includes being separated from the important people in your life, such as family, friends, colleagues, or teachers.

Culture shock is entirely normal, usually unavoidable, and it does not mean anything bad about you or your new home. It can be a very significant learning experience because it makes you more aware of your own culture as well as the new culture you have entered. It will give you valuable skills that will serve you in many ways in the future—it's part of the benefit of international education as the new culture you have entered. It will give you valuable skills that will serve you in many ways in the future—it's part of the benefit of international education.

Some typical symptoms of culture shock are:

- > Extreme homesickness
- **➤** Loneliness
- ➤ Avoiding contact with other people
- > Negative feelings and hostility toward Kenyan culture and people
- Anger, frustration, confusion
- > Tiredness or need for excessive amounts of sleep
- Boredom
- ➤ Inability to concentrate or work

- > Loss of appetite
- > Loss of enjoyment in daily activities
- ➤ Lack of confidence

- > Feelings of inadequacy or insecurity
- Depression and feelings of helplessness

Although you can't stop culture shock, there are some things you can do to make yourself feel better. Here are some ideas:

- Understand that your reactions are normal
- > Be open-minded and curious about your new environment
- Talk with an International Student Advisor about your feelings
- Make friends with Americans and other international students
- > If you struggle with academics, talk with your professors and advisors
- > Stay busy with academics, hobbies, friends, and other interesting activities
- > Exercise or participate in sports
- Try a new activity that you can't do in your home country
- ➤ Don't forget the reasons you came to Kenya
- ➤ Be patient with yourself and your new culture

When culture shock hits you, just remember that it is a normal part of being an international student. You will pass through periods of ups and downs, but in the end, it will all be worth it. Try to focus on all the positive and rewarding aspects of your experience!

The University organizes cultural tours for international students to help them with cultural integration



Some Local Kiswahili Utility Words:

General greetings Habari/ Nzuri How are you /Good

Hujambo/Sijambo How are you/I am fine

English	Kiswahili	English - K	iswahili	English - Ki	swahili
Thank you	Asante	Boy	Myulana	Get tired	Choka
Here	Hapa	Gentleman	Bwana	Luck	Bahati
Haste	Haraka	Bus	Basi	Not yet	Bado
Okay	Sawa	Cold	Baridi	Road	Barabara
Welcome	Karibu	Tea	Chai	Letter	Barua
Accident	Ajali	Joy	Furaha	Food	Chakula
To write	Andika	Laundry	Dobi	Toilet	Choo
Father	Baba	Medicine	Dawa	School/College Chuo	
Mother	Mama	To do	Fanya	Doctor	Dakrari
Sister	Dada	Anger	Hasira	Class	Darasa
Girl	Msichana	Darkness	Giza	Driver	Dereva
Right here	Hapa	Child, Baby	Mtoto	Goodbye	Kwaheri
Destroy	Haribu	Clothes	Nguo	Indeed, Yes	Ndiyo
Danger	Hatari	House	Nyumba	Warning	Onyo
To go	Enda	Bathe	Oga	Law	Sheria
Above	Juu	How much	ngapi?	Permission	Ruhusa
Coffee	Kahawa	Sorry	Pole	Night	Usiku
Paper	Karatasi	Friend	Rafiki	Morning	Asubuhi
Chicken	Kuku	Work	Kazi	Afternoon	Alasiri
Come	Kuja	Love/Like	Penda	Evening	Jioni

APPENDIX

Appendix 1: List of programmes offered at Dedan Kimathi University.

SCHOOLS AND ACADEMIC PROGRAMMES

Academic Units and Programmes	Programme Duration
School of Business Management and Economics	
Ph.D. Degree in Business Administration	3 yrs
Master of Business Administration	2 yrs
Master of Science in Supply Chain Management	2 yrs
Bachelor of Commerce	4yrs
Bachelor of Purchasing & Supplies Management	4yrs
Bachelor of Business Administration	4yrs
Bachelor of Science in Criminology & Security Management	4yrs
Diploma in Purchasing & Supplies Management	18 months
Diploma in Business Administration	18 months
Certificate in Country Governance	3 months
School of Computer Science & Information Technology	
Bachelor of Science in Information Technology	4 yrs
Bachelor of Computer Science	4 yrs
Bachelor of Business Information Technology	4 yrs
Diploma in Information Technology	18 months
Certificate in Information Technology	3 months
School of Engineering	
Master of Science in Industrial Engineering & Management	2 yrs
Master of Science in Automation and Manufacturing Engineering	2 yrs
Bachelor of Science in Telecommunication and Information Engineering	5 yrs
Bachelor of Science in Mechatronic Engineering	5 yrs
Bachelor of Science in Electrical & Electronics Engineering	5 yrs
Bachelor of Science in Mechanical Engineering	5 yrs
Bachelor of Science in Civil Engineering	5 yrs
School of Science	
Master of Science in Leather Technology	3yrs
Bachelor of Science in Actuarial Science	4 yrs
Bachelor of Science in Industrial Chemistry	4 yrs
Bachelor of Science in Leather Technology	4 yrs
Certificate Course in Bridging Mathematics	3 months

Calcal of Harlds Colored	
School of Health Sciences	
Bachelor of Science in Nursing (Upgrading)	2 ½ yrs
Bachelor of Science in Nursing (Direct Entry)	4 yrs
Institute of Geomatics, GIS and Remote Sensing (IGGReS)	
Ph.D. in Geomatics and Geospatial Information Science	
 Masters of Science in Geospatial Information Science & Remote Sensing 	2 yrs
Bachelor of Science in Geospatial Information Science	4 yrs
Bachelor of Science in Geomatics Engineering & Geospatial Information Systems	5yrs
BSc in Geospatial Information Science and Remote Sensing	
BSc in Geomatics and Geospatial Information Systems	
Institute of Food Bio-Resources Technology	
Doctor of Philosophy in Food Science and Technology	3 yrs
Master of Science in Food Science	2 yrs
Bachelor of Science in Food Science & Technology	4 yrs
Diploma in Coffee Technology & Cupping	1 yr
Certificate in Coffee Technology &Quality Management	6 months
Institute of Tourism and Hospitality Management	
Master of Sustainable Tourism & Hospitality Management	2 yrs
Bachelor of Sustainable Tourism & Hospitality Management	4 yrs
Diploma in Sustainable Tourism & Hospitality Management	2 yrs
Geothermal Energy Training and Research Institute (GETRI)	
Masters of Science in Geothermal Energy Technology	2years
Post Graduate Diploma in Geothermal Energy Technology	1 ½ years
Institute of Technical & Professional Programmes (ITPS)	
Diploma in Furniture Technology &Interior Design	2 yrs
Diploma in Building Technology	2 yrs
Diploma in Fashion & Interior Design	2 yrs
Diploma in Metal Work, Welding and Design	2 yrs
Certificate in Furniture Technology &Interior Design	1 yr
Certificate in Building Technology	1 yr
Certificate in Fashion & Interior Design	1 yr
Certificate in Metal Work, Welding and Design	1 yr
ATC LEVEL 1 & 2	
• CPA (CPA 1, 2, 3, 4, 5, 6)	
• CCNA I, II, III, IV	

Appendix 2: UNIVERSITY MAP

